



**Report by the Head of Health and Community Care
West Dunbartonshire Health & Social Care Partnership**

Management Group: 3 February 2022

Subject: Independent Delivery and Improvement Group

1. Purpose

1.1 The purpose of this report is to summarise the current activity within West Dunbartonshire HSCP Independent Delivery and Implementation Group.

2. Recommendations

2.1 It is recommended that the Board note the contents of this report.

3. Background

3.1 The Independent DIG works to a Local Outcomes Improvement Plan (LOIP) and the key local outcomes detailed in the LOIP are:

- People are supported to live independently
- The quality of life for older people is improving
- Housing options are responsive to changing needs over time

4. Main Issues

4.1 The Independent DIG met on the 20th December 2021 and discussion built on previous discussion at the last meeting to consider the 3 Key Themes within an aspirational LOIP that will focus on the broad headings of

- Carers – Supporting carers and also those they care for to live independent lives
- Activity – As both an action that in itself helps promote independence, and also as a functional action which is a component part of the assessment for frailty scoring

4.2 The Community Planning Annual Report was shared with the group to help inform members of the role the Independent DIG plays in the wider Community Planning agenda. It also allows members to gain an

understanding of the other DIG's and to generate discussion around the opportunities to consider interdependencies and potential crossovers with these DIG's.

- 4.3 The existing LOIP actions were reviewed with agreement that some of these actions are reported / monitored elsewhere and as such are no longer relevant for this DIG. However, it was also agreed that some of these actions are still relevant to inform the DIG LOIP and as such will be included but identified as such.
- 4.4. The draft template for the Key Themes was agreed and existing actions will be transcribed to this format.
- 4.5 The discussion at this meeting focussed primarily on developing a range of actions relating to the broad term of 'Activity' and the next meeting will focus on developing actions under the theme of 'Carers'.
- 4.6 The group recognise that the ability to engage in and maintain physical activity impacts positively on quality of life, and conversely lack of access can be detrimental to health and wellbeing. As level of activity declines so does the ability to be independent and this often results in the need to reach out to services to undertake activities that they would otherwise have undertaken independently.
- 4.7 The Rockwood Frailty Score is used across a range of services within West Dunbartonshire to provide an indicator of a person's level of frailty. A key indicator is a person's ability to undertake activities of daily living which all require activity to complete.
- 4.8 Pre pandemic, a pilot was underway (in association with Health Improvement Scotland) within the HSCP and with GP Practices to identify frailty and consider / develop potential interventions and services to support people to remain at home longer with more independence. The group agreed to revisit and review aspects of this initiative and a sub group set up to take this forward. Specific actions and measures will be added to the LOIP once agreed.
- 4.9 Targeted interventions / services would benefit citizens before they experience any decline in functionality and a focus on early interventions to sustain activity and prevent deterioration is desirable. There are existing programmes within the Leisure Trust and the group defined the need for further discussion and engagement to assess potential opportunities to enhance activity. There was recognition that the Empowered DIG is also considering actions within this area.
- 4.10 Citizens in Care Homes and Sheltered Housing should have equity of access to relevant activity experiences. A subgroup was proposed to facilitate further discussion in this area, inclusive of engagement with managers and residents

in Homes and sheltered housing. Proposals from this subgroup will be added to the LOIP.

- 4.11 The Local Housing Strategy was discussed, initially in terms of the Dementia Strategy, but also wider aspects of specialist housing and any potential role the Independent DIG could bring to discussions. It was recognised that this may fall under the remit of another DIG and guidance from the Board requested.
- 4.12 The dates for the Independent DIG will be revised into 2022 to bring these in line with the Board meetings to allow an appropriate timescale for reports to be submitted.

5. People Implications

5.1 Nil

6. Financial Implications

6.1 Nil

7. Risk Analysis

7.1 N/A

8. Equalities Impact Assessment (EIA)

8.1 N/A

9. Consultation

9.1 N/A

10. Strategic Assessment

10.1 The LOIP will link with relevant HCSP / Local Authority Strategic action points

Person to Contact: Fiona Taylor

Background Papers: N/A

Wards Affected: