

WEST DUNBARTONSHIRE COUNCIL

Report by Head of Strategy and Transformation

Council -22 December 2021

Subject: West Dunbartonshire Wave Trust's 70/30 campaign

1. Purpose

- 1.1** To demonstrate how the significant work carried out by the HSCP and partners to date supports the ambitions of the Wave Trust 70/30 campaign.

2. Recommendations

- 2.1** To note the contents of this report.

3. Background

- 3.1** The WAVE trust 70/30 campaign are a UK- and Ireland-wide network of individuals, organisations and elected representatives working together to reduce child abuse, neglect and other adverse childhood experiences

- 3.2** On the 26th of August 2021, Council approved a motion to

“support the Wave Trust's 70/30 campaign to reduce child abuse, neglect and other adverse childhood experiences (ACEs) by at least 70% by the year 2030”.

- 3.3** Council asked officers to bring a report to a future meeting of this Council on how the ambitions of this campaign can best be achieved in West Dunbartonshire.

- 3.4** West Dunbartonshire Council became the first Scottish Council to support the WAVE Trust 70/30 campaign. This campaign commits to a trauma informed approach, values the importance of good universal services from pregnancy with early identification and provision of extra support as required and prevention of Adverse Childhood Experiences.

4. Main Issues

- 4.1** The public commitment to the Wave Trust 70/30 campaign is welcomed and aligns with the ongoing efforts of partners to;
- develop a trauma informed approach
 - provide good universal services from pregnancy across NHS GGC, the HSCP and WDC with early identification and availability of extra support as required supported by children and young people's involvement

- prevent Adverse Childhood Experiences.

Policy and Delivery Context

- 4.2** The Nurtured Delivery and Improvement Group(DIG), the themed part of Community Planning which also co-ordinates the Integrated Children’s Service Plan 2021-2023 has been working to implement a number of key policy objectives to provide supports and services to give children the best start in life and support their caregivers and communities.

The Promise

- 4.3** This includes the Independent Care review known as the Promise. established to enable Scotland to ‘keep the Promise’ to care experienced children and young people, in the broad context of changes to policy, culture and practice to enable children and young people to grow up ‘loved, safe, respected and able to realise their full potential.
- 4.4** The first national Promise action plan 2021-2023 has five key priority areas and five fundamentals identified to be completed by 2024 which support the ambition of the wave trust in relation to a good childhood and early support

Five key priorities	Five fundamentals
A Good Childhood	What matters to children and families
Whole Family Support	Listening
Supporting the Workforce	Poverty
Planning	Children’s Rights
Building Capacity.	Language

- 4.5** External funding has been secured from the Promise Partnership Fund for a fixed term dedicated lead officer post (or ‘Promise Keeper’) to support partners in the Nurtured DIG to deliver against developments around the Plan 2021-24.

Children’s Community Health Services

- 4.6** West Dunbartonshire has well established good universal health services which build strong relationships with families.

Health Visiting Universal Pathway

- 4.7** The national Health Visiting universal pathway of support covers the antenatal to pre-school period and consists of 11 home visits, three of which include the health visitor doing a formal review of the family and child's health. This provides an opportunity for health visitors to build strength-based relationships with families and enable access to other

services e.g., breastfeeding, parenting support and money advice. Importantly additional health visiting support is available where needed by families. Health Visitors are routinely involved in Special Needs in Pregnancy (SNIPs) planning meetings to address any vulnerabilities during the antenatal period.

NHSGGC Family Nurse Partnership

- 4.8** NHSGGC Family Nurse Partnership is a preventive, intensive, home visiting programme offered to first time young mothers (aged 19 and under) and their families. A specially trained family nurse visits the family regularly, from early in pregnancy until the child is two. This voluntary programme taps into the client's intrinsic motivation for change. The programme aims to improve pregnancy outcomes, child health, development & future educational readiness/achievement and to improve parents' economic self-sufficiency.

Access to Early Learning and Childcare

- 4.9** Childrens' Health and Care Services work closely with West Dunbartonshire Early Years and Childcare services to support access to the high-quality nursery and childcare support for eligible children aged under 2, children aged 2 and for the 1140 hours offer for 3 year olds.

Early Intervention

- 4.10** The HSCP are working on a redesign of children's social work services with plans at an early stage to develop a single point of contact and actions to enhance early help and support for children and families.
- 4.11** Within the HSCP the childrens' social work duty team and Alternative to Care service include 24/7 provision to maintain children at home and prevent family or placement breakdown, based on a relational practice model. Allocations of this support are often decided at joint Social Work/Education Panel meetings.
- 4.12** The HSCP has invested in an additional social worker to the Throughcare team to support young people choosing continuing care and to provide improved support to unaccompanied young people seeking asylum as they move towards adult services.
- 4.13** The Care Experienced Children's Fund is allocated via multi-agency planning with an overall objective of narrowing the attainment gap between care experienced children and their peers. This supports mentoring at Senior Phase within Education, language development in Early Years, parenting in Early Years and out of school learning.
- 4.14** Education recovery planning is underpinned by a focus on wellbeing.

A comprehensive programme of professional learning and curricular opportunities ensures all children and young people will learn ways to keep mentally well and access support if needed.

Involvement

- 4.15** The HSCP ensures young people are part of the selection and interview arrangements to recruit social workers to children and families' teams. Opportunities are being developed to include care experienced young people in permanence panels as well as providing support to include their views on their own permanence plan.
- 4.16** Children and Young Peoples' views as learners are an integral feature of schools improvement plans to ensure their views and experiences of what works for them and can inform improvements to education provision.
- 4.17** An HSCP chaired mental health and wellbeing community support and services planning group has been established to review current community services and supports for children and young aged 5-24 (26 care experienced) Fieldwork is currently underway to work with children, young people and families to identify what supports and services for mental health and wellbeing can be developed or improved.
- 4.18** West Dunbartonshire Champions Board continue to engage with care experienced children and young people, sustaining relationships and providing advice, guidance and nurturing relationships Young people are involved in national networking meetings and are co-leading discussions around change affected by the Promise and corporate parenting.

Adverse Childhood Experiences (ACEs)/Resilience Hub and Approach to Trauma

- 4.19** West Dunbartonshire has a well-established multi agency ACEs, Trauma and Resilience Programme which continues to address the effects of childhood adversity.
- 4.20** Following a large-scale event in February 2020, '*Nurturing Individuals and Building Resilient Communities*' held with Clydebank High, the ACEs Hub was re-launched as a strength-based Resilience Hub. The Hub, which is a community of practice, has 400 members and includes a wide range of staff The online quarterly meetings have included themes such as One Good Adult, Trauma Training and Bereavement & Loss. The December meeting is focusing on the Early Years
- 4.21** The ACEs documentary film, 'Resilience: the Biology of Stress and the Science of Hope' is a resource to increase ACE awareness among the local workforce. Since 2018, a total of 1060 staff across

West Dunbartonshire have seen the film via a range of targeted and service specific viewings and more open viewings. Viewings are ongoing online with over 60 staff and community members signed up to view the film and participate in the post film discussion in December.

- 4.22** In response to the recognition of the impacts of the pandemic, West Dunbartonshire has nominated a trauma champion to support implementation of the reinforced National Trauma Training Programme which aims to develop a trauma informed and responsive nation and workforce.
- 4.23** The Improvement Service /Scottish Government Trauma- Informed Approach to Scotland's COVID-19 Recovery, Renewal and Transformation highlights that the trauma informed approach needs to be informed by people with lived experience, recognises the importance of wellbeing in the workforce, recognises where people are affected by trauma and adversity, responds in ways that prevent further harm, supports recovery and can address inequalities and improve life chances.
- 4.24** Planning is continuing to implement the trauma informed approach locally using the additional financial resources provided by the government to target specific services and build trauma informed and responsive environments, policies, systems and services. This work is supported by a number of Scottish Trauma Informed Leaders from Justice, Education and HR with an officer-led ACEs/Trauma Reference Network. The approach builds on the existing connection with public protection, mental health and wellbeing and domestic abuse training and maximises use of the suite of resources available at <https://transformingpsychologicaltrauma.scot/>
- 4.25** In addition through joint Social Work and Education activity funding has been agreed for staff to undertake bespoke Promoting Dyadic Developmental Practice (DDP) training that will enable the development of key skills around trauma informed practice and HSCP Justice Services have already accessed trauma training through Community Justice Scotland to adopt a trauma informed approach.

5. People Implications

There are no specific personnel issues at this time

6. Financial and Procurement Implications

There are no specific financial and procurement

7. Risk Analysis

Not applicable

8. Equalities Impact Assessment (EIA)

This report has no specific equalities impact although the connection between the Fairer Scotland duty and childhood adversity is well understood Individual programmes are equality impact assessed as required.

9. Consultation

A range of services within the council have been consulted on the content of this report

10. Strategic Assessment

The Council commitment and ongoing work fits with all council strategic objectives however mostly notably

- Supported individuals, families and carers living independently and with dignity.
- Meaningful community engagement with active empowered and informed citizens who feel safe and engaged.
- Efficient and effective frontline services that improve the everyday lives of residents.

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Appendices: Nil

Background Papers:

NHS NES Transforming Psychological Trauma Website available at <https://transformingpsychologicaltrauma.scot/>

The Promise Scotland website available at <https://thepromise.scot/>

Improvement Service: A Trauma Informed Approach to Scotland's COVID 19 Recovery, Renewal and Transformation available at https://www.improvementservice.org.uk/data/assets/pdf_file/0014/21623/covid-19-trauma-infographic.pdf

Wards Affected All