

WEST DUNBARTONSHIRE COUNCIL

Report by the Director of Social Work Services and the Director of West Dunbartonshire Community Health Partnership

Health Improvement and Social Justice Partnership: 21 February 2007

Subject: Delivering for Mental Health – Local Implementation

1. Purpose

- 1.1 To inform the partnership of progress in implementing the national plan, “Delivering for Mental Health” (December 2006) in West Dunbartonshire.
- 1.2 To seek approval to progress planning proposals.

2. Background

- 2.1 The objectives of the proposals are grounded in the principles set out in:
 - *Delivering for Mental Health* that NHS services should be delivered as locally as possible, provide systematic support for people with long-term conditions, reduce the health inequality gap, and actively manage admissions to, and discharges from, hospital and
 - The Mental Health (Care and Treatment) (Scotland) Act 2003
- 2.2 The aim is to:
 - consolidate and extend partnership between NHS Greater Glasgow and Clyde, NHS Highland, West Dunbartonshire Council, key voluntary organizations and service users and carers and
 - improve mental health services across West Dunbartonshire and access to them.
- 2.3 The proposals acknowledge that service users are central to their own care, treatment and recovery and reaffirm that service users and carers are partners in designing and delivering services.
- 2.4 The national plan is timely in that it complements work already being progressed by mental health service partners.

3. Main Issues – Local Implementation

3.1 West Dunbartonshire Adult Mental Health Strategy Group

The two former Mental Health Strategy Groups have been integrated to form a single West Dunbartonshire Adult Mental Health Strategy Group. NHS, Council and voluntary sector staff participate alongside mental health service users and carers.

3.2 Enhanced Community Mental Health Team

A single unified Community Mental Health Team (CMHT) was established in Clydebank 10 years ago. Work is underway with existing staff to establish an enhanced CMHT for the Lomond area operating from the Joint Hospital site to achieve greater efficiency of resources and consistency across West Dunbartonshire. A duty team will be put in place and Clyde Unit day Services will be integrated into the CMHT. Work, financed by Clyde Transitional Funding, has commenced on the refurbishment of Ailsa Ward on the Joint Hospital site to accommodate multi disciplinary mental health services.

3.3 Crisis Services

The Crisis Service will form part of the overall Mental Health Network in Clydebank and Lomond and will intervene in a crisis to prevent, where it is safe and in the service user's and carer's interests, to prevent hospital admission. Just as importantly it will intervene to prevent a crisis developing. This service will link very closely into the CMHTs and In-Patient services. Crisis services will deploy 14 multi-disciplinary staff, some currently employed in mental health services and additional staff will be funded by NHS G&C resource transfer, local service redesign and Clyde transitional funding. An enhanced Out of Hours Service for Dumbarton and Alexandria areas will be provided by an additional 2 staff funded by Clyde transitional funding and the service will be tied in to the existing CPN service based at Cowglen in Glasgow. The Crisis Service will operate 24/7.

Discussions continue with Argyll and Bute CHP regarding appropriate Out of Hours cover and funding for Helensburgh and Lochside.

3.4 Mental Health Services in Primary Care

This service development initiated by NHS GG has progressed to full staffing and has been fully operational since November 2006. There is a growing number of referrals from GPs and individual self referrals for counselling and support.

A recruitment drive has been put in place by the CHP to recruit Clinical Psychologists to vacancies in the Lomond area. Staff will operate within the CMHT and Primary Care.

3.5 Mental Health Officer Service / Recruitment & Retention

Section 32 of the Act places a duty on local authorities to appoint "a sufficient number of persons for the purpose of discharging, in relation to their area, the function of Mental Health Officers". Mental Health Officers (MHOs) are Social Workers with over two years post-qualifying experience who have completed a training programme approved by the Scottish Social Services Council.

3.5.1 MHOs have acquired numerous statutory duties under the new Act which amounts to a significant increase in workload. The duties of MHOs include: giving or withholding consent to emergency and short term detention; preparing applications, reports and care plans for Compulsory Treatment Orders; preparing Social Circumstances Reports; providing advice and information to patients and others; attending Tribunals; criminal justice responsibilities relating to mentally disordered offenders; applying to the

Tribunal in the case of unlawful detention: and applying for warrants to enter premises.

- 3.5.2** MHOs also carry out essential statutory duties under the Adults with Incapacity (Scotland) Act 2000 and act in a consultative role to other staff in respect of mental health legislation.
- 3.5.3** The Association of Directors of Social Work Sub Group on Mental Health estimates that Councils require approximately 6 MHOs working full time on statutory duties per 100,000 population to meet statutory functions under both the Mental Health (Care & Treatment) (Scotland) Act 2003 and the Adults with Incapacity (Scotland) Act 2000.

There are currently 10 MHOs (6 full time and 4 part time staff) in West Dunbartonshire. One is the Team Leader managing Mental Health, Mental Health Officer, Brain Injury and Alcohol Related Brain Damage Services and is only available in exceptional circumstances for practitioner duties. There are 6 MHOs (4 full time and 2 part time staff) based in specialist mental health teams co-located with NHS colleagues. Two of the full time staff are Senior Social Workers with management, planning and supervisory responsibilities. They now carry an increasing share of statutory work that impacts on their ability to carry out other core functions. Three MHOs are based in other services. One is located in the Criminal Justice Partnership and has duties that extend into Argyll & Bute Council and two (both part time) are based in community care teams.

- 3.5.4** Problems with recruitment and retention were addressed in reports to the Partnership on the 18 February 2004, 17 November 2004, 16 February 2005 and 23 November 2005.
- 3.5.5** Resource transfer from NHS GG & C will allow Council to retain and attract MHOs by augmenting salaries for mental health staff and to employ an additional 2 MHOs to enable Council to meet its statutory duties under the Mental Health (Care and Treatment) (Scotland) Act 2003 and the Adults with Incapacity (Scotland) Act 2000.

3.6 Services to promote well-being & social development

Community services supporting mentally ill people in their own homes provided by the Scottish Association for Mental Health (SAMH) is now funded by supporting people grant and Mental Illness Specific Grant (MISG) of £150K is available to develop services further. It is proposed that MISG of £150K is redirected to redesign and develop services to promote well-being & social development to meet the statutory duties of Council under S26 of the Mental Health (Care and Treatment) (Scotland) Act 2003. Services to promote well-being & social development will support the concept of recovery and will include the development of services that enable people with a mental disorder to live purposeful and meaningful lives.

3.7 Forensic / Additional Care Provision

Council meets its statutory duties under S25 (provision of care and support services) of the Mental Health (Care and Treatment) (Scotland) Act 2003 by supplementing care home costs and essential extra care for people with mental illness at a cost of £0.5M in addition to the £2.5M supporting people grant to support people with mental illness to live at home. Additional costs will most likely be incurred in providing care services for people in crisis and for the care and support of forensics patients returning to the community. Resource transfer of £100K from NHS Greater Glasgow & Clyde will enable Council to continue to fulfill its statutory duties under section 32.

4. Personnel Issues

- 4.1 Implementation of the local plan will enable Council using resource transfer from NHS Greater Glasgow & Clyde to employ additional Social Workers / Mental Health Officers to meet its statutory duties under S32 of the Mental Health (Care and Treatment) (Scotland) Act 2003 and to improved recruitment and retention of staff with addition funding for salaries.

5. Financial Implications

- 5.1 The Council benefits from resource transfer funding to provide additional capacity to deliver statutory duties and services under the Mental Health (Care and Treatment) (Scotland) Act 2003 and the Adults with Incapacity (Scotland) Act 2000.

Development	Cost	Source	MH Act 2003	AWI Act 2000	Delivering for Mental Health
MH Strategy Group	nil	core	✓	✓	✓
CMHT	nil	core	✓	✓	✓
Crisis Services	500,000	Core + RT + Clyde Transition	✓	✓	✓
Out of Hours (Dumbarton & Alexandria)	100,000	Clyde Transition	✓	✓	✓
MH in Primary Care (Psychology)	50,000	RT	✓	✓	✓
MHO Recruitment	70,000	RT	✓	✓	✓
Retention	35,000	RT	✓	✓	✓
Forensic / Additional Care	100,000	RT	✓	✓	✓
Services to promote well-being & social development	150,000	MISG	✓	✓	✓
Refurbishment for CMHT / Crisis Services - Joint Hospital site	420,000	Clyde Transition (capital)	✓	✓	✓

- 5.2 All costs indicated above are provided for within the budgets of either West Dunbartonshire Council or the West Dunbartonshire CHP.
- 5.3 The exception to this is the proportion of the Crisis Service which required to be funded by the Argyll and Bute CHP as noted at 3.3 above.

6. Risk Analysis

- 6.1 Although a full risk assessment on the proposed developments is not considered necessary, any risks associated with the service will be fully analysed and taken into account as the national plan is implemented within west Dunbarton.

7. Conclusions

- 7.1 The plan outlined will enable a redesign of mental health services in West Dunbartonshire aimed at achieving greater efficiency of effort, consistency of approach and better outcomes for adults with mental illness. The plan achieves best value by a prudent balance of core budget and new resource transfer from NHS greater Glasgow & Clyde.

8. Recommendations

- 8.1 The Partnership is asked:
- I. to approve plans noted for local implementation of 'Delivering for Mental Health' and
 - II. to request that the Director of Social Work Services and the Director of West Dunbartonshire CHP to bring forward progress reports.

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Background papers:

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Wards Affected: All wards.