

# WEST DUNBARTONSHIRE COUNCIL

## Report by the Director of Community Health & Care Partnership

Community Health and Care Partnership Committee: 22 August 2012

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### Subject: Integration of Day Hospital and Day Care Services

#### 1. Purpose

- 1.1 The purpose of this report is to provide CHCP Committee with a further update on the proposed integration of Ardmore Day Hospital with Langcraigs Day Care Centre and to recommend approval of the new model.

#### 2. Recommendations

- 2.1 The CHCP Committee is recommended to approve the introduction of the new integrated model which will meet the rising needs of people presenting with dementia by more than doubling capacity within the existing available resource.

#### 3. Background

- 3.1 Recent statistics predict an increase in the prevalence of dementia in people over the age of 75. We need to act now to respond to this vulnerable population by providing increased interventions and access to services through the further development and integration of Health and Social Care Services as well as working in partnership with other stakeholders, including carers, in the local area.
- 3.2 Ardmore Day Hospital currently has 6.5 WTE Staff consisting of Nursing and Occupational Therapy staff with further sessional input from Medical and Psychology staff.
- 3.3 Ardmore Day Hospital offered a 12 week period of assessment which focuses on the individual's activities of daily living, degree of independent living, carer support and cognitive ability. After assessment a number of supports and interventions are considered such as the prescription of cognitive enhancers, regular community nursing support, arranged periods of respite, environmental changes to the home and referral for ongoing day care.
- 3.4 Despite the increasing prevalence of dementia, the numbers attending Ardmore Day Hospital have steadily reduced. Numbers have dwindled from an initial 20 places to, on some days, no more than a few patients attending. A review of current patients showed that none of them still require the services of

a day hospital. The reduction in numbers is mainly due to the more appropriate long term placement of older people with dementia in a day care setting.

**3.5** Given that need was reducing, it was agreed to review the service and explore other models of delivery which may provide increased capacity of the functions of the day hospital while meeting the objectives below.

- i) Integrating the Ardmore day hospital staff into the Old Age Community Mental Health Team to provide assessment, diagnosis and treatments within the persons own home;
- ii) To deliver local therapeutic groups within the local community by co-locating with Local Authority Day Care.
- iii) To free up space within Ardmore Day Unit to develop further old age services to provide crucial social, therapeutic and recreational activity.

#### **4. Main Issues**

##### The Proposed Integrated Service

**4.1** The proposal is for Ardmore Day Hospital Staff to be relocated into the Older Peoples Community Mental Health Team and the Langcraigs Day Care Unit. As described above the attendance of patients at Ardmore has significantly reduced with occasions when we have seen daily attendances of less than 5 patients. It clearly makes no sense to deploy such a highly skilled workforce to such a small number of patients. The proposal would see these 6.5 WTE staff being deployed to carry individual caseloads of patients estimated at approximately an additional 175 patients per year. This would free up staff to complete many more assessments both in the Day Care Centre as well as within patients' homes. Additional sessions would be used to support early diagnosis and treatment within the additional memory clinics which we would run from Ardmore.

**4.2** The remaining space would be fully utilised for additional therapeutic activities and clinical space. It would further be developed in partnership with Alzheimer Scotland and the Carers of Dumbarton to create a Dementia Café to offer further services and to support the work of carers, offering them a place to meet, be with loved ones and get some very much needed peer support.

### Assessment and Memory Clinics

- 4.3** The existing Ardmore service offers 156 Assessment Clinic places annually. The clinic offers a full Health and Social Welfare Assessment of the patient's ability to function at home, activities of daily living and explores social supports.
- 4.4** We also offer 156 Memory Clinic places within the current model. This clinic provides formal testing and investigations into memory impairment as well as providing early diagnosis of memory problems.
- 4.5** The proposed integrated service would see a doubling in the number of both Assessment and Memory Clinics provided not only within the Ardmore Day unit but also by the 6.5 WTE dedicated staff being much more productive with their time by offering assessments both at home and running clinics in Day Care.
- 4.6** The Integrated model would also release staff to build much needed community capacity to attend and facilitate local recreational community groups with additional places. We propose to work with other partners such as the Carers of West Dumbarton and Alzheimer's Scotland to support and facilitate a number of additional community groups which would enable a further 24 clients to attend daily

### Further Information

- 4.7** The points below provide some further clarification of the operational aspects to deliver an Integrated Service.
- Currently Ardmore Day Hospital has 14 patients who attend weekly. The proposal would see eight Day Hospital patients co-locate with Langcraigs Day Care patients for the Dumbarton & Alexandria areas. Some of these patients currently attend Langcraigs Day Care.
  - In relation to Helensburgh clients currently attending Ardmore Day Hospital, discussions have taken place between Argyll and Bute Council and CHP. Opportunities exist for day placements at the Oasis Day Centre indeed Argyll and Bute are keen to have their centre occupied. Therefore the six clients would have their day care from the Oasis Centre which is more readily accessible.
  - The co-located day service would provide access to a range of health and social services, individual assessments, treatments, therapeutic activities and if required, after assessment people could continue to attend day care which would provide social care to people who are assessed as needing to access that service on an ongoing basis.

- Three NHS staff will accompany a maximum of eight patients/clients attending day care and remain with them during Day Care. The eight patients/clients remain NHS Patients with NHS Staff
- The Care Inspectorate has no objection to the proposal.

### Engagement

**4.8** Given this proposed change, a period of wide engagement was initiated in January 2012. All relevant parties potentially affected were identified and an engagement plan implemented.

- Since January this year a number of one to one appointments have been ongoing with senior clinical staff within Ardmore Day Hospital and families to engage with them in the discussion about new ways of working. All current patients have been reviewed and care plans updated;
- We have discussed the proposal with Argyll and Bute CHP and Argyll & Bute Council and they are in support of this as a way forward;
- The proposal has been discussed with both Staff Side Representatives from the NHS and the Local Authority and the NHS staff affected will be fully covered by the Organisational Change Policy;
- The proposal has been taken to the Public Partnership Forum; and
- We have met with the Scottish Health Council who offered advice about providing additional information to the public on the proposal.

## **5. People Implications**

**5.2** All staff issues related to the re-design of the service have been addressed through one to one meetings with staff and their trade union representatives.

**5.3** If the proposed model is approved we will move to permanently recruit to any existing vacancies.

## **6. Financial Implications**

**6.1** The proposed integrated model will significantly increase the number of people being offered early assessment, intervention and choice of services and will be achieved within the existing resource.

## **7. Risk Analysis**

- 7.1** As with any change of service there can be risk of uncertainty, however, regular reports to Council, will serve to mitigate this risk and keep all stakeholders informed of progress on the issues involved.
- 7.2** Ensuring the safety and security of all stakeholders involved in developing any integrated day service provision is of prime importance and will be thoroughly assessed.
- 8. Equalities Impact Assessment (EIA)**
- 8.1** A full Equality Impact Assessment has been carried out on the proposal.

**Keith Redpath**  
**Director**  
**30 July 2012**

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**Person to Contact:** John Russell, Head of Mental Health, Learning Disability and Addictions

**Appendix:** None

**Background Papers:** None

**Wards Affected:** All Wards