



Report by Interim Head of Health and Community Care

Management Group: 28 September 2022

Subject: Independent Delivery and Improvement Group

1. Purpose

- 1.1** The purpose of this report is to summarise the current activity within West Dunbartonshire HSCP Independent Delivery and Implementation Group.

2. Recommendations

- 2.1** It is recommended that the Board note the contents of this report.

3. Background

- 3.1** The Independent DIG works to a Local Outcomes Improvement Plan (LOIP) and the key local outcomes detailed in the LOIP are:
- People are supported to live independently
 - The quality of life for older people is improving

4. Main Actions

- 4.1** The Independent DIG met on the 11th July 2022 and the Chair provided feedback from the Community Planning Management Group
- 4.2** The DIG members were asked to consider the cost of living crisis as a priority issue within the key themes.
- 4.3** **Carers:** The 'Valued Carer' Launch Event will take place on Friday 29th July. The initiative will see carers registered with Carers of West Dunbartonshire organisation issued with a Valued Carer Card, unlocking discounts, promotions, and bespoke services specifically for unpaid carers.

Businesses who support this initiative will be offered Carer Awareness Training. The initiative is creating community relationships and raising awareness for unpaid carers, making West Dunbartonshire a Valued Carer area.

- 4.4 **Activity:** The group is progressing actions around activity for older people within Care Homes. There is an opportunity for appropriately trained Care Home staff to deliver Vitality class in a Home using online resources, and key DIG members attended met with Vitality staff and attended a session to allow them to share this with colleagues.

Subsequently, feedback from Independent Care Home providers is that they recognise the importance of providing opportunities for physical activity within their Homes, and utilise their in house Activity Co-ordinators to deliver this. It was felt therefore that there is no gap in service provision at this time.

Local Authority Residential Homes also have activity co-ordinators and are looking to use the Vitality resource within these homes.

- 4.5 **Activity:** The 'Live Active' programme is a programme commissioned by the Health Board across all HSCP's to provide a structured fitness programme for those who meet the referral criteria, with a discounted membership rate for 12 months.

A component of the initial triage by Live Active staff is to consider the impact of the cost of living, with links to Working 4U for those who may not be able to afford the membership fee.

Referral must be via a healthcare professional (usually a GP) however alternative referral pathways are being considered, along with current referral data with a view to monitoring these over a 12 month period.

- 4.6 **Digital Solutions:** Recent funding has been secured from 'Connecting Scotland' to provide iPads and data packages to targeted groups with an inequalities focused approach to reducing inequalities and empower people to take ownership of their health and wellbeing.

This funding will link with Improving the Cancer Journey, enhancing the health needs assessment process of those receiving this service. Further progress of this initiative will be reported via the LOIP.

- 4.7 The members of the DIG recognise that many of the staff within West Dunbartonshire HSCP and Local Authority are also citizens and the need to cascade all relevant initiatives across the local authority. Effective use of the eBulletin will help inform this process.

5. People Implications

- 5.1 Nil

6. Financial Implications

6.1 Nil

7. Risk Analysis

7.1 NA

8. Equalities Impact Assessment (EIA)

8.1 NA

9. Consultation

9.1 NA.

10. Strategic Assessment

10.1 The LOIP will link with relevant HCSP / Local Authority Strategic action points

Person to Contact: Fiona Taylor

Background Papers: NA

Wards Affected: