

Health & Wellbeing Survey 2023/24: Sexual Health and Relationships S4 to S6 Pupils

INFORMATION AND CONSENT FOR PUPILS

All pupils in Secondary 4-6 in your school have been asked to take part in this new Health & Wellbeing Survey which is taking place in a number of primary and secondary schools right across Scotland. To take part in the Survey, you must read the information provided next and then choose either the "Yes" or "No" box at the end to say if you agree to take part in the Survey. Next you will see some questions and answers that should help you to make a decision.

What is it?

We are inviting everyone in your stage from your school to take part. We want to hear about what you do and how you feel about your life. You are just about to complete a short online questionnaire. We are hoping to hear from a lot of children and young people from across West Dunbartonshire.

What will happen?

Your teacher will ask you to answer some questions on a computer, laptop or tablet on your own. You will then need to choose the answer that best fits how you feel. This will take about 20-40 minutes. The questions will ask you about your school, your family, things you do, how you feel, your friendships and a range of other things.

What happens to my answers?

Your local authority will collect the answers from every child or young person who takes part. You will not be asked to provide your name. The local authority will not tell anybody your answers, not your teacher or your family. Of course, it's up to you if you want to talk to other people about your answers.

Your local authority will then look at everybody's answers together. This is so your local authority can understand what children or young people of your age think and do. They will also look at other information about you, such as the area you live in, your ethnic background, whether you get extra help at school, etc.

Who is asking the questions?

Your local authority. They are asking you these questions so that they can plan for, and improve the children's services needed in your local area, based on what you and other children and young people say in this survey.

Is this a test?

Don't worry, this is not a test. You did not need to have prepared, as there are no right or wrong answers. We just want to hear what you think or how you feel.

Confidentiality and Data Security

The answers you provide will be treated in accordance with the law and used for statistics and research purposes only. This means that the data we collect is kept separately from information which could directly identify you (such as your name). When reports using the data are published, care is taken to ensure that no information which could identify you is included.

The survey can legally happen as the local authority will be processing your personal data as part of its performance of a task in the public interest.

Do I have to take part?

It would be great to hear your views, but you don't have to take part. You will shortly be asked if you want to, just answer 'no' if you don't. If you do take part, that's great. But remember if there are any questions you don't want to answer, that's fine, you will be able to skip questions, or choose the 'prefer not to say' option and you won't be asked why.

Support and Advice

If you need support or advice on any of the topics asked in the survey, then your school will have provided you with a list of ways in which you can speak to someone who may be able to help you.

1. 1. Are you happy to continue taking part in the Health and Wellbeing Survey: Sexual Health and Relationships?

Mark only one oval.

☐ Yes

☐ No

The first few questions ask for some basic information about you

2. 2. What best describes your Gender?

Mark only one oval.

☐ Male

☐ Female

☐ Prefer not to say

3. 3. What is your Ethnicity?

Mark only one oval.

- ☐ White – Scottish
- ☐ African – African / Scottish / British
- ☐ Asian – Indian/British/Scottish
- ☐ Asian – Pakistani / British / Scottish
- ☐ Asian –Bangladeshi / British / Scottish
- ☐ Asian – Chinese / British / Scottish
- ☐ Caribbean or Black – Caribbean / British / Scottish
- ☐ Mixed or multiple ethnic groups
- ☐ White – Gypsy/Traveller
- ☐ White – Other British
- ☐ White – Irish
- ☐ White – Polish
- ☐ African – Other
- ☐ Asian – Other
- ☐ Caribbean or Black – Other
- ☐ White – Other
- ☐ Other – Arab
- ☐ Not Known
- ☐ Prefer not to say

The next few questions ask you about your relationships and sexual health. Please remember that you don't have to answer any questions that you don't want to answer. You may feel that some of the following questions don't apply to you and your experience. Where that is the case, you may wish to choose the 'this question does not apply to me' option.

4. 4. Do you currently have a boyfriend/girlfriend?

Mark only one oval.

☐ Yes

☐ No

☐ Prefer not to say

5. 5. Does your current boyfriend/girlfriend do any of the following things? Please tick one box on each line

Mark only one oval per row.

	Often	Quite often	Occasionally	Never	Prefer not to say
Make you feel safe and respected	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Encourage you to do something you enjoy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shout at you/scream in your face/make fun of you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Call you hurtful names	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Say negative things about your appearance/body/friends/family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Threaten to hurt you physically unless you do what they want	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tell you who you can see and where you can go	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Constantly checks up on what you are doing eg by phone, texts or via social media	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use private information to make you do something	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use mobile phones, social media or the internet to humiliate or threaten you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. 6. Which of the following best describes you?

Mark only one oval.

- ☐ I find it easy to say 'no' to having sexual experiences I don't want
- ☐ I find it easy to ask for help regarding sexual health issues
- ☐ I find it easy to get information on sexual health
- ☐ I find it easy to say what I want in relationships
- ☐ Prefer not to say

7. 7. People have varying degrees of sexual experience. How much, if any, sexual experience have you had?

Mark only one oval.

- ☐ None
- ☐ Small amount (e.g. kissing, some intimate touching on top of clothes)
- ☐ Some experience (e.g. touching intimately underneath clothes or without clothes on)
- ☐ More intimate experience (not sexual intercourse)
- ☐ Sexual Intercourse
- ☐ Prefer not to say

Thank you for taking part in the Scottish Health and Wellbeing Census. You are helping your school, your local authority and the Scottish Government to understand more about the lives of children and young people, and things that matter to you. If any of the questions you have seen has raised any issues which you would like to talk about, then please speak to someone you can trust. This could be your parent(s), carer(s), teacher(s), youth worker(s), etc. Further information will have been provided by your school teacher.

Please remember that the only people who will see your answers will be a small number of analysts in your local authority and in the Scottish Government. Other analysts may also ask to see your answers in order to conduct their own research, but this will only happen if the local authority or the Scottish Government agree to this. Your parents, teachers and friends will not see your answers. Once again, thank you for taking part.

Thank you for your response, and we fully understand and appreciate your decision not to take part in the Scottish Health and Wellbeing Census. Please remember that your decision to not take part is perfectly fine. However, other young people are still taking part in the Census. Therefore, please can you keep any noise and distraction down to a minimum. You may now find it useful to be doing something whilst others are taking part in the Census, such as reading a book, doing some homework, etc. Your response has now been recorded, and you may now close down the browser window

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