



Management Board Meeting

Development and Improvement Groups (DIGs): Highlights and Issues Report

FOR INFORMATION ONLY	X
FOR DECISION	

Name of DIG	Empowered
Date of report	20 October 2023
Name and email of lead contact	Selina Ross selina@wdcvs.com

1	<p>Highlights of activity and progress since last meeting</p> <p>The draft 2023-25 Action Plan has been completed and is presented for Board comment and agreement.</p> <p>The plan supports three new important pieces of collaborative empowerment activities underpinned by local third sector forums, expanding the level of sector engagement in the community planning agenda.</p> <p>As detailed in the West Dunbartonshire Volunteering Strategy, work has commenced exploring how best to make local volunteering more inclusive. Following discussion at the September meeting of the InVOLve Forum (Volunteer Engaging Organisations), a short life working group has been formed to progress initial thinking and proposals.</p> <p>Working with and through the Walking Friendly West Dunbartonshire Forum, plans are in place to support the establishment of a comprehensive health walk programme across the authority area. Post Covid, there has been a substantial interest in health walks as a mean of increasing physical activity and addressing loneliness and isolation at low cost. This will include a renewed mapping and gap analysis to identify additionality, roll out of improved strength and balance options and progressing materials to promote wider accessibility. https://wdcvs.com/social-walks/</p> <p>The Age Well Forum, bringing together organisations with a remit to support living well into older age, has commenced work to explore the development of an Aging Well Strategy. Initial scoping and direction setting sessions have taken place, attended by 30 local community and third sector organisations, generating a range of possible action areas to be considered through a series of additional forum meetings. A consultative survey will also take place in Spring 2024. https://wdcvs.com/networking-forums/</p>
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2	Outline of any issues/risks and how these are being managed
No current issues or risks to report	

3	Outline of the main outputs expected before next meeting
The Community Mental Health and Wellbeing Fund opened on 29 th September with the grant application panel due to meet in January 2024.	

4	What are your requirements of partners in the Community Planning Management Board to achieve the outcomes of the DIG?
No current requests	

5	Please outline any good news story you wish to share